

January 10, 2019
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Rotary Buzzer

January 14
Board Meeting at BVB
at 5:10

January 16
Fly Iowa 2019
Kris Blocker and Kurt
Phillips

January 21
Evening Rotary Club
Meeting

January 23
Karla's Club
Presentation
Susan Herrick, Program
Chair

January 30
Bob Anderson, Run for
Kids (Ames Rotary)
Troy Thompson,
Program Chair

February 6th
Auction/Centennial
Work Day Kickoff

February 13
Brad Manard, Program
Chair

February 20
Brad Filipiak, FUMC
Soap Project
Jeff Anderson, Program
Chair

February 27
Mary Dufelmeier, Chair

Pres. Lisa Mount

RI Pres. Barry Rassin

Jeff Anderson, Editor

Carla Gomez Tello
Tellez—RYE Student

Meeting Recap

Pres. Lisa called the meeting to order and began by presenting Jeff with a Paul Harris Plus 5 pin for ongoing support of the Rotary Foundation. Lisa shared that the Evening Rotary Club is preparing out their literacy project which involves proving all 2nd graders in Boone County with a Scholastic book. Each student will be able to order a book of their choosing which will be both educational and fun for the kids. Lisa mentioned again that the Iowa Wolves Polio Plus night is February 2nd. Tickets are \$20 each and the Wolves will donate \$10 from each ticket towards

Sergeant Matt chipped in some happy dollars for some missed meetings and Troy was happy that it will be soon be official that one of our Evening Club members has expressed interest in serving as club secretary for both of our clubs (we'll let you know who when it's official!). The Evening Club continues to be a great addition both in terms of providing an avenue

our district's Polio Plus fund!

BRING A GUEST TO ROTARY CHALLENGE

Don't forget that we are in the midst of our "bring a guest to Rotary" challenge which runs through the end of March. We will keep track of every guest each member brings and whoever brings the most guests during that time will receive 500 Paul Harris points (halfway to a Paul Harris Fellow Award!)

MORE EXCITING NEW ABOUT OUR CENTENNIAL PROJECT

Dave Cook reported that he and Lisa made a pitch to city council for

Sergeant at Arms

for new members to engage in Rotary and to benefit our community (with things like the Literacy Project). Steve had the opportunity to visit Iowa City and Mt. Pleasant on Rotary business the past few days and Dave shared that he and Lisa are enjoying getting to know Carla even better! George was relieved to have found his billfold which he had

Hotel/Motel tax funds to help support our Centennial Project and we were granted \$10,000! Thank you to the city council for supporting our project and to Dave and Lisa and the rest of the grant/fundraising teams for their great work. We are approaching \$50,000 "in hand" for our project so we have a "full head of steam" as we work to make this tremendous entry feature for our community a reality!

lost the day before at the club. He noted that it was the first time in 80+ years he'd ever lost his billfold. I think I lose mine about once every 80 minutes! Susan was sad to report that PDG Diana Reed passed away the day before and Jim paid \$20 in memory of Diana, noting that he served as an assistant district governor during tenure as DG.



John Rochford and Ryan Doyle of YSS

QUOTE OF THE WEEK

Live your beliefs and you can turn the world around.

Henry David Thoreau
1817-1862



Brian introduced John Rochford and Ryan Doyle of YSS, noting that he has worked with them in his capacity on the Boone County Board of Health. Ryan began by sharing a bit about behaviors that parents and teacher should be on the lookout for that might be indications their child/student is using drugs or alcohol, noting that “early detection” is often the key to preventing bigger problems down the road. Some of the behaviors including changes in sleep patterns, decline in school performance, and more volatile mood swings. Ryan also discussed “Hidden in Plain Sight” that involves setting up a mock bedroom that includes areas at items that teens might use to hide contraband (drugs, e-cigs, etc.) that parents, etc. can view to help them become more vigilant. He noted that “routine” items like water bottles, Pringles and Coke

cans and even “thumb drives” may be modified in ways that allow kids to hide drugs, cigarettes, or alcohol. Even the handle of some hairbrushes can be screwed off to provide a space to hide “things”. Ryan also noted that over the counter (OTC) drugs may be abused such as cough syrup, antihistamines, and cold medicines (he talked about mixing cough syrup with 7Up to make a drink that can be abused. John discussed e-cigarettes (vaping) noting that it is becoming increasingly common and that e-cigs are not well regulated at this time (and marketing efforts have been clearly targeting the “youth” market). E-cigs still including nicotine and can be every bit as addictive as regular tobacco cigarettes. In addition to the addictive nature they can also cause something called “popcorn lung” that can cause permanent, irreversible damage.



John Rochford and Kyle Doyle of YSS Prevention Services along with Brian Mehlhaus