

Rotary Buzzer

THINK SPRING!

March 29
Carla Awtry , Uptown
Funky Junk
Mary Dufelmeier,
Program Chair

April 5
Pres. elect club
assembly

Board Meeting
Boone Valley Brewing
at 5:10

April 12
Auction Work Day

April 19
Sara Morton, Prog.
Chair

April 26
Vicki Greco, Program
Chair

May 3
Dave Cook, Program
Chair

Jeff Anderson, Editor

Pres. Troy Thompson

Dist. Gov. Chris Knapp

ADG Steve Dakin

RI Pres. John Germ

2016-17 RYE Students:
Raquel Palomero
(inbound)

Isidro Gonzalez
(outbound)
www.liveloveitaly.blogspot.com

Pres. Troy called the meeting to order and welcomed a full house back after last week's somewhat thinner Spring Break attendance. Guests included Ken Janssen from Ames and Tom Monroe from the Boone Y Camp who has been proposed for membership. In other membership news, we received Drew Nelson's transfer of membership so Pres. Troy presented him with his Boone Rotary nametag. Troy reminded everyone that the District Training Seminar is this Saturday in Newton (Pete is attending the Grant Seminar there on Friday). Troy shared that the board approved a \$1000

The slate of officers and board members for the 2017-2018 Rotary Year (starting July 1, 2017) was approved unanimously. Club leaders for the coming year include:

- Andrew Schroeder, President
- Lisa Mount, Pres. Elect

donation to the Boone YMCA's Water Safety Training program, \$500 for the upcoming Freedom Flight, and \$500 for the Y Camp Summer Program. The next board meeting will be April 10th at Boone Valley Brewing.

ROTARY YOUTH UPDATE

Susan informed the club that a young man from Croatia will be our r exchange student next year. This made the basketball coaches and athletic director very happy because he is top player in his own school. Dakin's had such a great experience with

Raquel and have volunteered for the first home for him but we still need two more families. We also have 5 RYLA students registered including our first from Madrid!

SECOND NOTICE OF PROPOSAL FOR MEMBERSHIP

Tom Monroe of the Boone Y Camp has been proposed for membership in the Boone Rotary Club. Please direct any comments regarding Matt's membership to Pres. Troy or a board member.

CLUB ELECTIONS

- Vicki Greco, Pres. nominee
- Tim Trudeau, Treasurer
- Mary Youngblood, Secretary

Thanks to these great members for volunteering to step into these roles in the coming year! Congratulations!

Club Directors

- Cody Bowers
- Sara Morton
- Jim Riordan



Stephen Ministry, Shellie Grabau and Larry Lubinus

Quote of the Week

Let us learn to appreciate there will be times when the trees will be bare, and look forward to the time when we may pick the fruit.

Anton Chekhov,
Russian Playwright
1860-1904



Mary introduced Shellie Grabau and Larry Lubinus who were joining us to talk about “Stephen Ministry”. Stephen Ministry was started in 1975 by Dr. Kenneth Hawk who was a clinical psychologist and minister in St. Louis. Stephen Ministry equips and empowers lay “Care Givers” —called Stephen Ministers—to provide high-quality, confidential, care to people who are hurting. They now include about 12,000 congregations or 150 denominations. They are completely non-denominational.

Larry, who is a member of Trinity Lutheran Church started the program at Trinity about 4 years ago, and now has about 18 “Care Givers” trained. He got interested in this because of a cousin who was killed in a motorcycle accident. He struggled with his own grief and how to help others. He started the Stephen Ministry to learn how to better “be there” for others. Shellie, a member of Grace Community Church started the program about 18 months ago, and they now have 16-17 people involved.

Becoming a “Care Giver” requires a 50 hour training class divided into 2 ½ hour sessions for 20 weeks during which they learn how to give one on one care to people in crisis that have a situation that causes anxiety. The Care Givers or Stephen Ministers are all adults and do not minister to children. They are matched one on one to a “Care Receiver” who they meet with for one

hour a week and it is completely confidential. The Care Giver learns about the grieving process and to help people who could probably get through their crisis but do better with a friend to help. They are taught how to recognize mental health issues but do not treat any one that has these. They are matched with their Care Receiver by a “Stephen Leader” and can choose how many Care Receivers they work with, depending on the time they have to give.

There is also a Supervisor group who meets two times a month and they are there to support the Care Givers. They are there to re-energize the Care Giver.

At this point they want to add other congregations in Boone. Their goal is to have 50 people in the fall class from 10 denominations. All of the female Care Givers are booked up at this point and there is a waiting list of Care Receivers, especially males. They are sponsoring the lessons and provide information and materials for the new Care Givers. Larry has already taught 6-7 groups so far. He also trains inmates at the Newton and Fort Dodge prisons to become Care Givers. Everyone who has gone through the class calls it transformational in their life.

A majority of their referrals come from pastors but they take referrals from anyone so if you know of someone that might need help, please let them know. They also network with other towns. Recently someone gave them the name of a person in Ames that needed them and they called the Ames group to handle it.

See you next week!